

STATE OF CALIFORNIA  
DEPARTMENT OF CALIFORNIA HIGHWAY PATROL

**CALIFORNIA HIGHWAY PATROL OFFICER TASK STATEMENTS**

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**Anatomic, Physiologic, Biomechanic, and  
Psychomotor Component Focus**

**Work Sample**

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|---|---|
| 1. Lower Extremity Dynamic<br>Muscle Strength<br>Anaerobic Power  | Run up and down stairs (minimum one flight 13 steps - 9 inch risers). Ascend/descend a 40-foot embankment.  |
| 2. Lower & Upper Extremity<br>Static & Dynamic Muscle Strength<br>Aerobic Power                         | Crawl/crouch/walk 50 feet. Demonstrate proper misdemeanor/felony handcuffing techniques. Conduct vehicle inventory search. Conduct building search.   |
| 3. Upper & Lower Extremity<br>Static & Dynamic Strength<br>Aerobic Power                                | Extract a 200-pound victim from a vehicle; lift, carry, and/or drag the victim 50 feet.   |
| 4. Anaerobic Power & Capacity<br>Aerobic Power & Capacity<br>Lower Extremity Dynamic Muscle<br>Strength | Exit vehicle, sprint 50 yards, vault 3-foot median barrier, run 20 yards up a 40 percent grade.   |
| 5. Lower & Upper Extremity<br>Dynamic muscle Strength<br>Aerobic Power                                  | After 100-yard chase, physically subdue and handcuff combative subject. Remove spilled loads or traffic hazards, such as lumber, large rocks or sacks of heavy material from roadway.                           |
| 6. Balance, Flexibility, & Agility  | Perform a full standing search, preliminary frisk, or changing a flat tire, utilizing proper techniques.  |
| 7. Eye-Hand & Foot Coordination<br>Movement & Reaction Time Response<br>Control Precision               | Engage in high-speed vehicle pursuit in an emergency situation utilizing all emergency equipment.   |
| 8. Balance & Kinesthetic Sense  | Demonstrate field sobriety tests.   |
| 9. Ambidexterity  | Draw and fire weapon at target using nondominant and dominant hands.  |
| 10. Ambidexterity Arm-Hand Steadiness   | Reload weapon, inserting magazine with either hand.   |
| 11. Manual and Finger Dexterity   | Load, fire, and reload shotgun shells from a shotgun. Operate a mobile digital computer.  |
| 12. Visual Acuity, Color Vision   | Demonstrate binocular vision and the ability to distinguish registration indicia under adverse lighting conditions.<br>Demonstrate ability to distinguish colors of vehicles and clothing of suspects.          |
| 13. Auditory Sense  | Immediately identify sounds which may indicate impending hazards and distinguish direction.   |
| 14. Aerobic Capacity<br>Total Body Muscle Strength Endurance  | Dressed in full uniform, drive, stand, or direct traffic for extended periods of time under varied adverse traffic and weather conditions. This would include the wearing of a Kevlar helmet, when appropriate. |